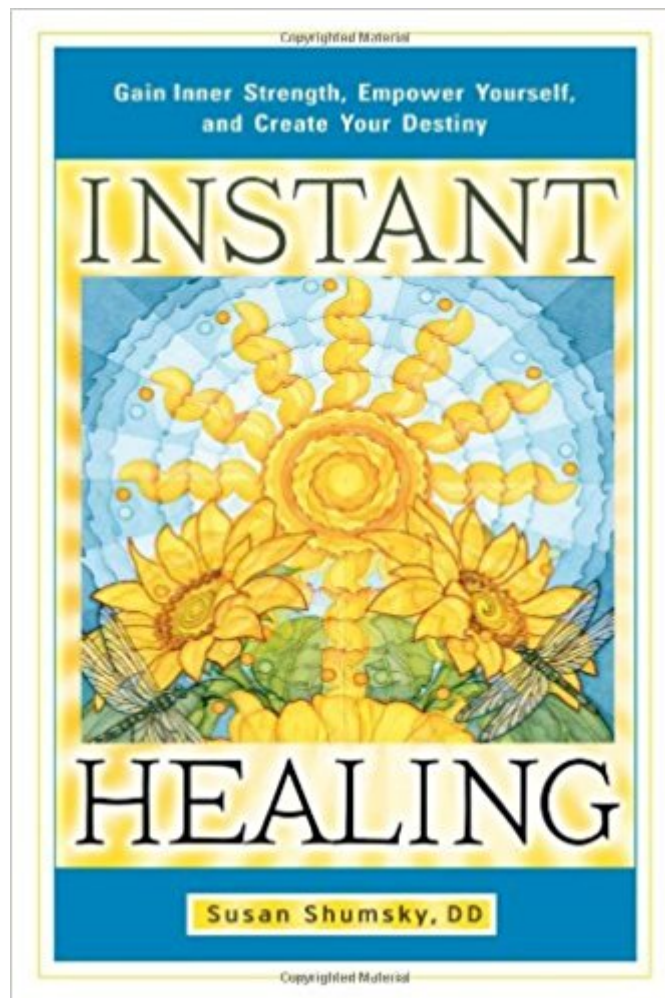




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# Instant Healing: Gain Inner Strength, Empower Yourself, And Create Your Destiny



## Synopsis

"Instant Healing can help you heal yourself, your family, friends, clients, community, and the entire planet. I have never seen a more complete affirmative prayer book."--Marci Shimof, #1 New York Times bestselling author of *Happy for No Reason*, *Love For No Reason*, and *Chicken Soup for the Woman's Soul*"Shumsky has been there. That's what makes her a great teacher."--Larry Dossey, best-selling author of *Healing Words*"For those who use affirmations to alter their feelings, this book will provide many and give comfort to your suffering."--Fred Alan Wolf, PhD, aka Dr. Quantum, author of *Mind Into Matter* and *Dr. Quantum Presents: Meet the Real Creator: You*"As you read and use this book, my hope is that you get involved and make it your own by practicing the healing prayers, which will help you grow spiritually and transform your life in positive, powerful ways."--Dannion Brinkley, best-selling author of *Saved by the Light*In a world of chaos, uncertainty, and malaise, we can no longer depend on the institutions we counted on to offer security and hope. With increasing anxiety and a sickening fear of the future, can we reverse the downward spiral of turmoil and frustration? *Instant Healing* provides a powerfully positive solution. By using simple prayers and affirmations, you can experience immediate healing, comfort, and solace. You can gain self-empowerment, inner strength, wellness, and abundance beyond your dreams. *Instant Healing* provides 243 healing affirmations and prayers, along with instructions on how to use them. These methods are simple and effective, and require no background or training. Just read them audibly, with conviction, and in a clear voice. Then let go and allow miracles to happen. The field-proven, non-denominational, universal methods of spiritual healing in this book have changed the lives of millions of people worldwide.

## Book Information

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## Customer Reviews

Dr. Susan Shumsky is the award-winning author of seven other books--Ascension, How to Hear the Voice of God, Exploring Meditation, Exploring Auras, Exploring Chakras, Divine Revelation, and Miracle Prayer. She is a foremost spirituality expert, pioneer in the consciousness field, and highly acclaimed speaker. Shumsky has practiced spiritual disciplines for 45 years with enlightened masters in secluded areas, including the Himalayas and the Alps. For 22 years, her mentor was Maharishi Mahesh Yogi, guru of the Beatles and Deepak Chopra. She served on Maharishi's personal staff for seven years. She is the founder of Divine Revelation® , a technology for contacting the divine presence, hearing and testing the inner voice, and receiving clear divine guidance.

Susan Shumsky's Instant Healing delivers! As Dr. Susan describes, this book is the "what", the content, that we all can use in prayers. Whereas, three of her other books illuminate the process of prayer and manifestation: Divine Revelation, How To Hear The Voice Of God; and Miracle Prayer. In Instant Healing, there are profound, detailed prayers -- subject to one's own guidance and additions, of course! -- to address many, many types of concerns, from physical healing, to relationships, to psychic attacks and/or down-to-earth attacks, to creating greater abundance, and more. Simply, speak the prayer. Wow. A great, valuable and comprehensive resource for whatever's going on in one's life! From Dr. Susan's few words of introduction to each section, one can gain insight into the cause or origin of the type of concern to be prayed over, and how spiritual connection and prayer can address and resolve or smooth out the concern. Highly recommended! My book already shows wear from frequent use and carrying it around for when I have a moment! Enjoy!

I always have Instant Healing with me in my Kindle and use it just about every day. I started using it to heal a back injury and then found useful and beautiful prayers in other areas that are important to me. I really needed the Astral Healing and the Divine Armor prayers and feel so much better now that my energy field is protected. I also needed the treatment for Overcoming Victimization so now I can effectively take care of myself. Lifting the Home Atmosphere, Self-Realization, Achieving Success, and Being Happy are some of the many prayer treatments I have used in this book and they have enriched my life. Thank you, Susan, for bringing these universal prayers to light and

giving them to us.

I love this book of Instant Healing....My favorite way of using this book is....I just open it to any page each day, and say the prayer on that page & it is always just what I would love to hear and to feel on that day...divine inspiration from Heaven above....These prayers comfort me, inspire me, uplift me, heal me, strengthen me, empower me, & I feel loved and blessed from the divine words on each page...I am reminded of my true source of goodness, my true self, that I am Divine, I am Love, I am protected, I am powerful no matter what....Thank you Susan Shumsky for these words of love, light & healing prayers :-)

This book is a gold mine of prayers and affirmations that touch my soul. I feel at peace, secure in myself and confident I will make the changes that have evaded me for years. This book is a keeper as I first bought it for my Kindle app. Then purchased the actual book for my reference library. I have recommended it to Energy Workers and Theta Healers too.

I like that there are Treatment Prayers that empowers you in every area of your life, followed up with lots of affirmations. This book covers Gaining Inner Strength and empowerment (self-mastery). And every area of your personal life, spiritual, financial, all relationships (companionship, family, children, adult children, friends, co-workers, mental, physical, vocational, and leadership). This is a book of comprehensive Treatment Prayer along with powerful affirmations and encouragement. These prayers and affirmation helps as you're waiting for your full expression of manifesting your desires. Once your mind has been treated, it is ready to accept the action of the spiritual law to demonstrate (materialize) your prayer(s). I've been encouraged and have more inner-strength, stronger confidence and self-esteem in using these various prayers and powerful affirmations.

wonderful prayer and affirmations. I do morning and evening- or before meditation. I find the prayers are perfectly worded to the situation I am working on.

Good book!

A very powerful book of prayers! I am using this book daily to create a path to better well-being, so grateful for this book of prayers!

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